



COURSE OUTLINE: PSY102 - INTRO PSYCHOLOGY

Prepared: Social Sciences Department

Approved: Karen Hudson - Dean

Course Code: Title	PSY102: INTRODUCTION TO PSYCHOLOGY
Program Number: Name	
Department:	SOCIAL SCIENCES
Academic Year:	2025-2026
Course Description:	A study of the science of psychology: its methods, concepts, and theories, including the topic areas of 1) brain, consciousness, sensation, and perception, 2) learning and memory, 3) intelligence, thought, and creativity, 4) motivation. Psychological concepts will be studied with a view towards how they can be applied to enhance the student's understanding of psychological adaptation and the causes and consequences of human behaviour.
Total Credits:	3
Hours/Week:	3
Total Hours:	42
Prerequisites:	There are no pre-requisites for this course.
Corequisites:	There are no co-requisites for this course.
Substitutes:	OEL109, PFP102, PSY128
This course is a pre-requisite for:	CYC153, CYC156, CYC250, CYC255, CYW132, CYW210, PSY208, PSY210, SSC101
Essential Employability Skills (EES) addressed in this course:	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 10 Manage the use of time and other resources to complete projects.</p> <p>EES 11 Take responsibility for ones own actions, decisions, and consequences.</p>
Course Evaluation:	Passing Grade: 50%, D A minimum program GPA of 2.0 or higher where program specific standards exist is required



for graduation.

Books and Required Resources:

PSYCH by Rathus, Maheu and Veenvliet
Publisher: Nelson Education Canada Edition: 5th
ISBN: 9781778410796

Course Outcomes and Learning Objectives:

Course Outcome 1	Learning Objectives for Course Outcome 1
1. Identify and describe the major approaches to psychology, the contributors, and the research methods.	1.1 Identify the key names in the history of psychology and their main contributions 1.2 List and differentiate the five major approaches to psychology 1.3 List and describe various methods of research design, including factors affecting research
Course Outcome 2	Learning Objectives for Course Outcome 2
2. Describe and explain the role that biology plays in the field of psychology.	2.1 Describe the structure and function of the central nervous system 2.2 Describe the structure and function of neurons and the roles played by neurotransmitters and receptors 2.3 List and describe the structure and function of the peripheral nervous system 2.4 Explain the specialization of the cerebral hemispheres and the effects of brain damage 2.5 Describe the major endocrine glands, the hormones they secrete, and their principle functions
Course Outcome 3	Learning Objectives for Course Outcome 3
3. Describe and explain the relationships between sensation, perception, and behaviour.	3.1 List the senses and describe how sensory stimuli are experienced as sensations 3.2 Describe the Gestalt principles of perceptual organization 3.3 Identify factors that influence perception and categorize them according to biological, psychological, or environmental factors
Course Outcome 4	Learning Objectives for Course Outcome 4
4. Describe the different levels of human consciousness and the factors that influence them.	4.1 Distinguish and explain the different levels of sleep and consciousness 4.2 Describe and differentiate how consciousness can be altered by hypnosis and drugs 4.3 Describe and differentiate sleep disorders
Course Outcome 5	Learning Objectives for Course Outcome 5
5. Identify and describe the major learning theories.	5.1 Explain and differentiate classical, operant, and cognitive learning theories 5.2 Explain the concept of operant conditioning and describe the main influencing factors 5.3 Describe the various types of cognitive learning theories
Course Outcome 6	Learning Objectives for Course Outcome 6
6. Describe the systems and processes involved in	6.1 Explain and distinguish the different systems and processes involved in memory



	memory.	6.2 Compare the nature of remembering with forgetting 6.3 Evaluate and apply current research to memory improvement
	Course Outcome 7	Learning Objectives for Course Outcome 7
	7. Recognize various concepts and controversies of intelligence and its measurement.	7.1 Explain the nature-nurture issues of intelligence 7.2 Identify issues of cultural diversity as it relates to the use and misuse of IQ testing
	Course Outcome 8	Learning Objectives for Course Outcome 8
	8. Describe the physiological, cognitive, and behavioural components involved in the main theories of motivation.	8.1 Describe and identify the main theories of motivation 8.2 Describe the social motives for achievement and competence

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Application Activity (Chapter 5)	5%
Assignment(s)	25%
Class Activities	5%
In-Class Tests (4)	60%
Take Home Quiz (Chapter 5)	5%

Date:

June 17, 2025

Addendum:

Please refer to the course outline addendum on the Learning Management System for further information.

